## Join us @ Albertson Memorial's



## Community Drum Healing Circle\*

facilitated by Oscar Recalde

## Come Experience the Sound and Healing Power of the Drum

Saturday, Jan 20th 4 PM - 6 PM

\$15 Contribution RSVP: info@albertsonchurch.org

Albertson Memorial Church 293 Sound Beach Ave Old Greenwich, CT 06870 Drum circles are a great way to bring people together and create opportunities to connect, interact, and share sacred group togetherness.

Oscar will be using this event as a chance for everyone to communicate and bond in a fun, non-judgmental and non-verbal way.

We will be drumming for our own personal healing, as well as for our families, and the communities around us.

We'll also use this special occas

sion to set intentions for the coming New Year - as we express ourselves through the tribal and timeless sound of the human heartbeat.



Bring a drum or rattle, (or whatever stirs your soul) Friends and family are invited – all ages are welcome. No experience necessary!

\*(If all goes well, we'll be exploring the path for this to become an ongoing series here at Albertson Memorial. :-)