

**Saturday, February 3rd, 2018**

5:30-7:00 PM

**Sound Healing & Tibetan Singing Bowls**

Workshop presented by Michelle Clifton

Fee: \$30 pre-registered, \$35 at the door

To pre-register email: [kathleenjamesmedium@gmail.com](mailto:kathleenjamesmedium@gmail.com)



You are invited to explore the ancient healing-potential of Sound Bowls to awaken a natural state of deep relaxation. Michelle Clifton plays Tibetan Singing Bowls sharing an experience of beautiful sound bowl tones that can calm the mind, release tension and reduce stress. Michelle Clifton is a Master Sound Healer & Licensed Massage Therapist.

She places singing bowls on every person in the room

giving them the opportunity to experience the relaxing and healing vibrations of the bowls.

Michelle Clifton's info: [clifton.michelle1@gmail.com](mailto:clifton.michelle1@gmail.com) / 914-447-0822 / [www.sonicbowls.com](http://www.sonicbowls.com)

***Please be aware that this workshop requires a minimum number of students, if you are interested in a class, please call to register before the workshop date.***



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