## **COMMUNITY DRUM HEALING CIRCLE**

With Oscar Recalde

SEPTEMBER 22, 2018 4:00 – 6:00 PM \$15

Come Experience the Sound and Healing Power of the Drum.

Drum circles are a great way to bring people together and create opportunities to connect, interact, and share sacred group togetherness.

Oscar will be using this event as a chance for everyone to communicate and bond in a fun, non-judgmental and non-verbal way.

We will be drumming for our own personal healing, as well as for our families, and the communities around us. Come enjoy the peace as we express ourselves through the tribal and timeless sound that begins with the sound of our first memory - the human heartbeat.

Bring a drum or rattle, (or whatever stirs your soul) Friends and family are invited - all ages are welcome. No experience necessary!

**Albertson Memorial Church** 

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